**Confirmation Week 18 Homework Assignment (03/08/23)**

Theme of the Week: Multiple Intelligences and Our Spiritual Self

This week’s class was a discussion about our spiritual self: the part of ourselves that encompasses our gifts, our talents, and our faith. As we try to engage with the Holy Spirit through spiritual practices and participation in the life of the church, some things will resonate with ourselves more than others. To begin thinking about how we might get involved, we need to assess how we best interact with the world. Do you value activities that have you moving around? That have you interacting with others? That have you thinking in your head?

Take the assessment below. If the statement agrees with you, put a check next to it, then total up the checkmarks for each section. After completing the exam, determine which three areas were your highest scores, then identify two or three activities, either spiritual practices or church activities, where those intelligences might help you. For example, if you score high in musicality, you might want to sing in the choir or sing hymns from time to time. If you score high in movement, you might want to go on Work Trip!

**Multiple Intelligence Assessment**

LINGUISTIC

\_\_\_\_\_    I really enjoy books
\_\_\_\_\_    I hear words in my head before I write, read or speak them
\_\_\_\_\_    I remember more when I listen to the radio or an audiocassette than from TV or film
\_\_\_\_\_    I enjoy word games such as crossword puzzles, Scrabble, anagrams, or Password
\_\_\_\_\_    I like puns, tongue twisters, nonsense rhymes, and double meanings
\_\_\_\_\_    English, Social Studies, and History were easier subjects for me than Science and Math
\_\_\_\_\_    When I’m driving, I prefer to read the billboards and signs, rather than watch scenery
\_\_\_\_\_    I often refer to things I have read or heard in conversations
\_\_\_\_\_    People often ask me the meaning of words
\_\_\_\_\_    I have written something recently that I was proud of

                        \_\_\_\_\_\_\_\_ Total Linguistic boxes checked

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LOGICAL

\_\_\_\_\_    I can quickly and easily compute numbers in my head
\_\_\_\_\_    I enjoy Math and Science in school
\_\_\_\_\_    I like solving brainteasers, logical games and other strategy games
\_\_\_\_\_    I like to set up "what if" experiments ("What if I watered my plants twice as often?")
\_\_\_\_\_    I look for structure, patterns, sequences, or logical order
\_\_\_\_\_    I wonder about how things work and keep up with new scientific developments
\_\_\_\_\_    I believe that there is a rational explanation for almost everything
\_\_\_\_\_    I can think in abstract, clear, imageless concepts
\_\_\_\_\_    I can find logical flaws in things people say and do at work or home
\_\_\_\_\_    I’m more comfortable when things have been quantified or categorized in some way.

                        \_\_\_\_\_\_\_\_ Total Logical boxes checked

VISUAL/SPATIAL

\_\_\_\_\_    When I close my eyes, I can see clear visual images
\_\_\_\_\_    I’m responsive to color
\_\_\_\_\_    I often use a phone or camera to record my surroundings
\_\_\_\_\_    I enjoy visual puzzles such as mazes, jigsaw puzzles, 3-D images
\_\_\_\_\_    I have vivid dreams at night
\_\_\_\_\_    I navigate well in unfamiliar places
\_\_\_\_\_    I often draw or doodle
\_\_\_\_\_    Geometry was easier than Algebra
\_\_\_\_\_    I can imagine what something would look like from a bird’s eye view
\_\_\_\_\_    I prefer reading articles, books, or magazines that have many illustrations

                        \_\_\_\_\_\_\_\_ Total Visual/Spatial boxes checked

BODILY/KINESTHETIC

\_\_\_\_\_    I take part in at least one sport or physical activity regularly
\_\_\_\_\_    I find it difficult to sit still for long periods of time
\_\_\_\_\_    I like working with my hands (building, sewing, carpentry, legos, etc.)
\_\_\_\_\_    I often gain insights/ideas when I am involved in physical activities, like jogging
\_\_\_\_\_    I enjoy spending my free time outside
\_\_\_\_\_    I tend to use gestures and other body language when engaged in conversations
\_\_\_\_\_    I need to touch or hold objects to learn more about them
\_\_\_\_\_    I enjoy dare-devil activities such as parachuting, roller coasters, etc.
\_\_\_\_\_    I am well-coordinated
\_\_\_\_\_    To learn new skills, I need to practice them rather than simply read or watch them

                            \_\_\_\_\_\_\_\_ Total Bodily-Kinesthetic boxes checked

MUSICAL

\_\_\_\_\_    I have a nice singing voice
\_\_\_\_\_    I know when musical notes are off-key
\_\_\_\_\_    I often listen to music on the radio, internet, etc.
\_\_\_\_\_    I play an instrument
\_\_\_\_\_    My life would be less dynamic without music
\_\_\_\_\_    I often have a tune running through my mind during the day
\_\_\_\_\_    I can keep time to a piece of music
\_\_\_\_\_    I know the melodies of many songs or musical pieces
\_\_\_\_\_    If I hear musical piece once or twice, I can easily repeat it
\_\_\_\_\_    I often tap, whistle, humor sing when engaged in a task

                            \_\_\_\_\_\_\_\_ Total Musical boxes checked

INTERPERSONAL

\_\_\_\_\_    People often come to me to seek advice or counsel
\_\_\_\_\_    I prefer team and group sports to individual sports
\_\_\_\_\_    I prefer to seek help form other people rather than work problems out alone
\_\_\_\_\_    I have at least three close friends
\_\_\_\_\_    I enjoy social pastimes, like board games and charades, rather than individual games
\_\_\_\_\_    I like the challenge of teaching other people what I know how to do
\_\_\_\_\_    I have been called a leader and consider myself one
\_\_\_\_\_    I am comfortable in a crowd of people
\_\_\_\_\_    I am involved in local school, neighborhood, church and community activities
\_\_\_\_\_    I would rather spend a Saturday night at a party than spend it at home alone

                            \_\_\_\_\_\_\_\_ Total Interpersonal boxes checked

INTRAPERSONAL

\_\_\_\_\_    I regularly spend time reflecting, meditating or thinking about important life questions
\_\_\_\_\_    I have attended classes/seminars to gain insight and experience personal growth
\_\_\_\_\_    My opinions and views distinguish me from others
\_\_\_\_\_    I have a hobby, pastime or special activity that I do alone
\_\_\_\_\_    I have specific goals in life that I think about regularly
\_\_\_\_\_    I have a realistic view of my own strengths and weaknesses
\_\_\_\_\_    I would rather spend a weekend in a cabin than at a large resort with lots of people
\_\_\_\_\_    I am independent-minded and strong willed
\_\_\_\_\_    I keep a journal or diary to record the events of my inner life
\_\_\_\_\_    I think I would enjoy being self-employed or starting my own business one day

                            \_\_\_\_\_\_\_\_ Total Intrapersonal boxes checked

**Review of the Assessment**

What are your three highest “intelligence type” scores?

1. 2. 3.

For each of these three, list a few examples of spiritual practices or faith experiences that may resonate with your “type.”

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What was your lowest or least-fitting intelligence type?

List a few practices or experiences that may reflect this style.

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What might you gain by practicing or experiencing things of this type?