



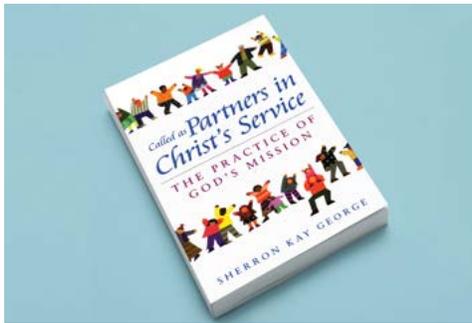
A monthly publication of the First Presbyterian Church of Lake Forest

## Top 10 Things to Look Forward to at First Pres this Fall



### 1 Rally Day!

Sept. 11, we go back to 9 and 11 a.m., and *first@five* 5 p.m. worship.



### 2 Called as Partners in Christ's Service

We'll be kicking off our new series, "Called as Partners in Christ's Service"—worship and study that focuses on our calling to do mission and put our faith in action. Pick up your copy of the sermon and study guide (the book of the same name) at the Hospitality Desk for \$10.



### 3 Back to Sunday School and Confirmation Class

It's back to Sunday School for preschoolers through 7th graders. Our Faith Formation team has exciting lessons planned that tie Bible stories and faith to daily life. We'll be back in session on Sept. 11 at 9 a.m. Find more info at [firstchurchlf.org/children](http://firstchurchlf.org/children) and [firstchurchlf.org/5-8-grade](http://firstchurchlf.org/5-8-grade).

Confirmation also starts on the 11th, from 9 to 10 a.m., with an info meeting for parents and youth from 10 to 11 a.m. Confirmation is a time for each young person to explore their faith as they learn about the Christian and Presbyterian traditions. More information about confirmation can be found at [firstchurchlf.org/confirmation](http://firstchurchlf.org/confirmation).



### 4 Youth Group

Grab your friends for pizza dinner, relationship-building games, and prayer with Youth Group! Fifth through 8th graders meet every month in the Youth Lounge and senior high students meet on Sunday nights. Get more info at [firstchurchlf.org/5-8-grade](http://firstchurchlf.org/5-8-grade) and [firstchurchlf.org/seniorhigh](http://firstchurchlf.org/seniorhigh).



### 5 Fellowship and PumpkinFest!

We have numerous fellowship opportunities this fall including Sunday fellowship coffee hours at 11 a.m., 12 p.m. and a light dinner 6 p.m. Be on the lookout for other connection opportunities as well, like our annual PumpkinFest, this year to be held on Oct. 16, after 9 a.m. worship.

Our 'Fall Top 10' is continued on Page 3





Dear friends,

We all know mission matters ... but are we just as clear about our personal gifts, the particular ways we're called, the powerful force for good we can do in Christ's name?

You won't want to miss a minute of our fall series: "Called as Partners in Christ's Service"! Starting Sept. 11, both worship and faith formation will challenge us to explore our impact in the world.

You'll find a number of ways you can get involved:

- Pick up a copy of Sharron Kay George's book, *Called as Partners in Christ's Service*, on sale for \$10 in the church office.
- Join Faith Formation classes—available for all ages—including a dynamite Theologian in Residence series
- Roll up your sleeves in service—through the Fall Rummage sale, Bernie's Book Bank service project and more.
- Welcome newcomers to our church family—volunteer as an usher or greeter, serve coffee at fellowship hour or join one of our choirs.

Christ needs every one of us to "do justice, love mercy, and walk humbly with our God" (Micah 6:8). I can't wait to get started this fall!

Every blessing,

Reverend Dr. Christine Chakoian



## News and Notes

- Do you travel often? Do you live elsewhere for part of the year? Do you want to be connected while away? If so, contact Donna Birney at [dbirney@firstchurchlf.org](mailto:dbirney@firstchurchlf.org) to request a downloadable version of our Sunday bulletins emailed to you every week.
- The All-Church Nominating Committee (ACNC) will be gathering names for elders, deacons and members-at-large of the ACNC later this month. Be on the lookout for nomination forms in the Sunday bulletin as well as on the nametag tables and at [firstchurchlf.org/ACNC](http://firstchurchlf.org/ACNC). Nomination forms will be accepted through Oct. 9.
- If you weren't here over the summer and missed the powerful and insightful Work Trip 2016 documentary by Tucker Strang, we encourage you to view it on our YouTube channel at [youtube.com/firstchurchlf](http://youtube.com/firstchurchlf), where you can also see our other videos.
- Our Military Outreach group invites you to a Veteran's Day celebration on Thursday, Nov. 10. The keynote speaker, Maj. Gen. Robert F. Dees, will give a talk titled "The Church's Role in Weathering the Coming National Storms." For more info, contact Pastor Dave at [dbianchin@firstchurchlf.org](mailto:dbianchin@firstchurchlf.org).
- Cancer with Grace returns to its regular schedule this month, meeting on the 2nd and 4th Thursday, from 1:30 - 3p.m. in the Parlor. The group is open to all and offers spiritual and emotional support in a confidential setting. You don't have to go it alone. For more information, contact Beverly Raudabaugh at [beverlyraudabaugh@gmail.com](mailto:beverlyraudabaugh@gmail.com). The next meeting is on Sept. 22.

## WE WORSHIP

**SUNDAY, SEPT. 11**

Rally Day  
9 & 11am and 5pm Worship  
Rev. Dr. Christine Chakoian Leading

**SUNDAY, SEPT. 18**

9 & 11am and 5pm Worship  
Rev. Dr. Christine Chakoian Leading

**SUNDAY, SEPT. 25**

9 & 11am and 5pm Worship  
Rev. Dr. Christine Chakoian Leading

**SUNDAY, OCT. 2**

World Communion Day  
9 & 11am and 5pm Worship  
Rev. Dr. Christine Chakoian Leading



is published monthly  
for members & friends of  
**First Presbyterian Church**

of Lake Forest  
700 North Sheridan Road  
Lake Forest, Illinois 60045

Submission due date is the  
15<sup>th</sup> of every month.

CHURCH OFFICE (847) 234-6250  
HOURS: Monday-Friday 9AM-5PM

# Top 10 Things to Look Forward to at First Pres this Fall

Continued from page 1



## 6 2016 Theologian in Residence

Our Mission partner Rev. Dan McNerney will share his insights on the Christian response to Islam. His talks will be held on Sundays at 10 a.m. in Fellowship Hall, Sept. 18–Oct. 2.



## 7 Music

Our music ministry is back in session! High schoolers, college students and other adults are invited to participate in the Sanctuary Choir, *first@five* music group and/or adult bell choirs. All children ages 4 through 8th grade are invited to participate in our children's choirs. Third through 8th graders are invited to join the new Youth Chime Choir! Find the rehearsal schedules and contact info for the Sanctuary Choir, Children's Choirs, Lakeminster Ringers, Chancel Bells and the *first@five* music group at [firstchurchlf.org/music](http://firstchurchlf.org/music). Please note that the Sanctuary Choir now rehearses in Fellowship Hall West and the children rehearse in Room 012.



## 8 Fall Rummage Sale

Get everything you need at great price at the Fall Rummage Sale, Saturday, Oct. 1, 8 a.m. – 3 p.m. You can also get a chance to shop at the workers pre-sale on Friday, Sept. 30, from 1 – 4 p.m. if you volunteer to work 4+ hours during set-up days. Go to [firstchurchlf.org/rummagevolunteer](http://firstchurchlf.org/rummagevolunteer) to sign up.



## 9 Service Project at Bernie's Book Bank

Put your faith into action at our Mission-sponsored service project at Bernie's Book Bank on Saturday, Oct. 15, from 9 – 11 a.m. Get more info and sign up to join at [firstchurchlf.org/berniesproject](http://firstchurchlf.org/berniesproject).



## 10 Family Retreat

Save the dates for our next Family Retreat! We'll be heading up to the Wesley Woods Retreat Center in Williams Bay, Wis., the weekend of Oct. 28 – 30, for three days of fun, fellowship and faith.



## First Pres to Host Oppenheimer Lecture, Oct. 6

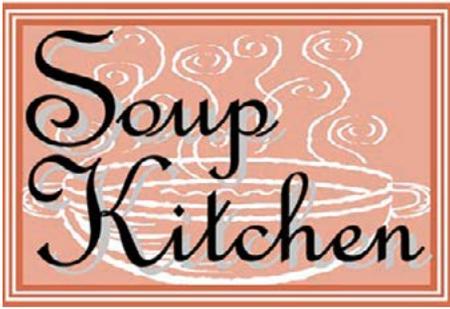
Temple Grandin

First Presbyterian Church is delighted to partner with Lake Forest College and the Oppenheimer Family Foundation to host this year's Oppenheimer lecture, "Improving Animal Welfare: A Practical Approach," with guest speaker Temple Grandin—animal welfare advocate and autism activist. Grandin is a speaker who inspires and motivates others through her story as an autistic child who learned how to communicate. She recounts "groping her way from the far side of darkness" in her book *Emergence: Labeled Autistic*, a book that stunned the world because until its publication, most professionals and parents assumed that an autism diagnosis was virtually a death sentence to achievement or productivity in life.

The event is free and open to the public. You can RSVP at [https://www.lakeforest.edu/calendar/#event\\_id/480423/view/event](https://www.lakeforest.edu/calendar/#event_id/480423/view/event).

# Partners In *Service*: Worship and Volunteer Opportunities

Looking for an opportunity to serve in worship? Liturgists, ushers and greeters are essential to our worship together. Whether you have gifts for hospitality, leadership, drama, youth leadership or community building, there is a place for you to learn and grow. Contact Tom Tropp at [ttropp@firstchurchlf.org](mailto:ttropp@firstchurchlf.org) for more information or visit [firstchurchlf.org/get-involved](http://firstchurchlf.org/get-involved).



How about a chance to serve our brothers and sisters in need in Lake County? Our Soup Kitchen, in partnership with St. Mary's church, provides meals for up to 200 people monthly at Holy Family Church in Waukegan. Food and servers are needed on the third Friday of each month. You can sign up on the bulletin board or at [firstchurchlf.org/soupkitchen](http://firstchurchlf.org/soupkitchen). The next service date is Sept. 16.

## Meal-a-Month

Meal-a-Month is another year-round service opportunity. Check the Sunday bulletin for information on the Lake County community or food pantry we are supporting that month.



In October, the PADS (Providing Advocacy, Dignity and Shelter) ministry begins. PADS seeks volunteers to serve dinner and breakfast, prepare bag lunches and provide an over-night presence at the Wesley Free Methodist Church in Waukegan on the second and fifth Tuesdays of the month. Sign up to serve and get more info at [firstchurchlf.org/servepads](http://firstchurchlf.org/servepads).

# Partners In *Prayer*



Rev. Yacoub and his wife Grace

First Presbyterian Church of Lake Forest, as part of the The Presbyterian Church USA, recognizes that we are called to stand in greater solidarity with our partner churches in the Middle East in this time of crisis; to strengthen ties; and expand relationships. Thus, in addition to our current mission support, we have established a prayer partnership with the Presbyterian church in Fairouzeh, Syria. Fairouzeh, a suburb 3 miles southeast of Homs, is home to Rev. Yacoub and his wife Grace. Fairouzeh's population has swelled from about 5,000 before the war to more than

12,000 today, due to the influx of refugees. The church serves all who come to its doors, regardless of denomination or faith.

We invite you to check out the Syria display across from the name tag table that gives details about our prayer partner and ways for you to share your prayers; information about the region; and the list of schools for refugees that we help support. You can also contact Nina Strnad at [strnad@comcast.net](mailto:strnad@comcast.net) for more information.

# Partners In *Remembrance*: 500th Anniversary of the Reformation



Be a part of history and join us on a trip to Scotland next summer to recognize the 500th anniversary of the Reformation. The itinerary will include visits to several churches associated with the Scottish Reformation and a few musical highlights including an organ recital by our organist Barry Wenger!

We hope to assemble a group of 40 to 50 travelers, but need at least 30 to sign up by mid-September to book the tour. Based on a headcount of 40-50 travelers, the cost of the trip will be approximately \$4,000 per person.

If you are interested in attending and would like more information, see the itinerary and express your interest, please go to [firstchurchlf.org/adults/#scotland2017](http://firstchurchlf.org/adults/#scotland2017).

# Partners In *Learning*

Along with our amazing Theologian in Residence this fall, our Adult Faith Formation committee has put together a varied list of ways we can deepen our study. We will have several small groups that meet throughout the week that will follow our sermon series or a topic the group decides on together. Go to [firstchurchlf.org/small-groups](http://firstchurchlf.org/small-groups) to see the schedule and to express your interest.

We will also have large group discussions throughout the week—Women’s Wednesday Worship; Friday Men’s Prayer and Bible Study Group; and the Men’s Discussion Group that meets every other Sunday, and, new this year, Steadfast Hope: The Palestinian Quest for Just Peace. Steadfast Hope begins on Oct. 16. For more information about that and the other discussion groups, visit [firstchurchlf.org/adults](http://firstchurchlf.org/adults).

We are continuing our Christian Perspectives program that connects our faith to issues and events in our world. Stay tuned for information on the next gathering.



Community Bible Study (CBS) is a non-denominational Bible study comprising women from varied backgrounds, ages and church affiliations. This year the study is on the book of Isaiah. CBS meets every Tuesday morning from 9:15 – 11:15 a.m. at Christ Church, 100 Waukegan Road in Lake Forest. To sign up, contact Gail Heidbreder at [gailheidbreder@gmail.com](mailto:gailheidbreder@gmail.com).

The Alpha Course is for anyone curious about Christianity. It is designed to encourage debate and explore the basics of Christian faith in a friendly, honest and informal environment. Stop by at 6 p.m., on Sunday, Sept. 18 for an informational gathering in the Parish House.

Covenant Bible Study starts Sept. 19 at 1:30 p.m., in the Parish House. This is an in-depth group Bible study where participants read and discuss the Bible together, examine what “covenant” means, and the progression of a covenant relationship with God.



# Partners In *Service*: Middle School Work Trip

From Aug. 14 – 16, our middle schoolers went on a three-day, two-night service trip to Chicago where they worked with a different church Mission or agency partner each day, including Sarah's Circle, The Night Ministry and Casa Central. In the evening, the group reflected on these experiences, and how service connects to faith.



# Partners In *Fellowship*: All Church Beach Picnic

Thank you to all who came to our All Church Beach Picnic to celebrate the summer AND the start of the school year! We had such a great time connecting with each other and can't wait to do it again next year!



## Motivational Speaker and Author Bonner Paddock to Give Talk on Faraja Primary School, Oct. 8



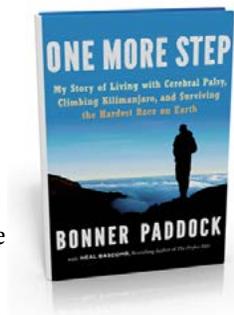
Bonner Paddock

Bonner Paddock, author, motivational speaker and founder of OneMan Foundation, an organization dedicated to helping children with disabilities in the U.S. and Tanzania, will be speaking at First Pres on Saturday, Oct. 8 at 2 p.m., about his ongoing relationship and support for our Mission partner, Faraja Primary School in Tanzania.

Our church has had a strong connection with Faraja School for many years, with numerous church members and pastors traveling to Tanzania to support

the students and staff. Having Paddock tell his story can help bring Faraja to us. Along with sharing his experience at the school, he also will speak about his personal challenges in becoming the only person with cerebral palsy to climb Mt. Kilimanjaro and complete the Ironman Triathlon in Hawaii. It is sure to be an inspiring event.

For more information, call the church at (847) 234-6250 and ask to leave a message for Mike Conklin.



## Dealing with Dementia

On Sunday, Oct. 9, from noon to 1:30 p.m., the Deacons' are sponsoring a presentation on dealing with dementia. A light lunch will be served with the presentation following. Guest speaker Dr. William Rhoades, chairman of the Department of Medicine at Lutheran General Hospital and at the Chicago Medical School at Rosalind Franklin University, will present an overview of dementia types, followed by a Q&A. For more information and to RSVP, visit [firstchurchlf.org/dementia](http://firstchurchlf.org/dementia).

JOIN US FOR  
SUNDAY WORSHIP  
STARTING SEPTEMBER 11  
9 AM & 11 AM,  
AND 5 PM WORSHIP  
FOLLOWED BY FELLOWSHIP

First Presbyterian Church  
OF LAKE FOREST  
700 N. Sheridan Road, Lake Forest, IL 60045  
[www.firstchurchlf.org](http://www.firstchurchlf.org)

